

DEPARTMENT OF PSYCHOLOGY
COURSE CURRICULUM & MARKING SCHEME

M.A. PSYCHOLOGY
Semester – III, IV
SESSION : 2026-27



ESTD: 1958

GOVT. V.Y.T. PG AUTONOMOUS COLLEGE,
DURG, 491001 (C.G.)

(Former Name – Govt. Arts & Science College, Durg)

NAAC Accredited Grade A⁺, College with CPE - Phase III (UGC), STAR COLLEGE (DBT)

Phone : 0788-2212030

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M. A. – IV SEMESTER (PSYCHOLOGY)

The curriculum frame – work is as under.

COMPULSORY PAPERS (Two)

No. of Paper	Name of Paper	Marks		Hours
		Theory	Internal Assessment	
(XVI)	Life Span development	80	20	3 hours
(XVII)	Psychological Assessment - II	80	20	3 hours
	Optional Papers : Two papers from any one of the three groups			
	Group A : Psychology of Management			
(XVIII)	Organizational Behaviour - II	80	20	3 hours
(XIX)	Human Resource Development and Management -II	80	20	3 hours
	Group B : Psychology of Education			
(XVIII)	Educational and Instructional Psychology - II	80	20	3 hours
(XIX)	Basics of Psychological Guidance and Counselling -II	80	20	3 hours
	Group C : Clinical Psychology			
(XVIII)	Clinical Diagnosis and community Mental Health - II	80	20	3 hours
(XIX)	Psychotherapeutic Counselling - II	80	20	3 hours
(XX)	Field Exploration and Project Work (Internship Programme)	100		4 hours

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M. A. – III SEMESTER (PSYCHOLOGY)

The curriculum frame – work is as under.

COMPULSORY PAPERS (Two)

No. of Paper	Name of Paper	MARKS		HOUR
		Theory	Internal Assessment	
(XI)	Personality and Indigenous Psychology	80	20	3 hours
(XII)	Psychological Assessment - I	80	20	3 hours
Optional Papers : Two papers from any one of the three groups				
	Group A : Psychology of Management			
(XIII)	Organizational Behaviour - I	80	20	3 hours
(XIV)	Human Resource Development and Management - I	80	20	3 hours
	Group B : Psychology of Education			
(XIII)	Educational and Instructional Psychology - I	80	20	3 hours
(XIV)	Basics of Psychological Guidance and Counselling - I	80	20	3 hours
	Group C : Clinical Psychology			
(XIII)	Clinical Diagnosis - I	80	20	3 hours
(XIV)	Psychotherapeutic Counselling - I	80	20	3 hours
(XV)	Practicum	100		4 hours

NOTE: Internal Assessment will be done on the basis of Class Testing/Seminar/Tutorials.

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M. A. – III SEMESTER (PSYCHOLOGY)

PAPER – XI (COMPULSORY)

PERSONALITY AND INDIGENOUS PSYCHOLOGY – I

M.M. - 80

NOTE: This paper consists of five units. From each unit minimum two questions will be set and candidates will have to answer one question from each unit.

UNIT – I Personality: Meaning, Perspectives & Measurement of Personality. Concept of mature Personality, Personality Theory- Problems & Procedures.

UNIT – II Psychodynamic Perspective: Freud, Erikson, Adler- theory of personality -- the structure, dynamics and development of Personality and the Research Methods used.

UNIT – III Trait approach Allport, Cattell and Eysenck. Theory of personality: The structure, dynamic and development of Personality, the Research Methods.

UNIT – IV Cognitive, Behavioural and Humanistic approach: Kelly, Bandura and Roger's theory of Personality. Structure, dynamics and development of Personality & the Research Methods.

UNIT – V Indigenous concept and Models of Personality – Yogic, Sankhya and Current Researches in the field of Personality.

BOOK RECOMMENDED:

1. Liebert, R.M. & Spiegler, M.P. (1993): Personality: Strategies & issues, P.C. California Books Cole Pub.Co.
2. Hall C.S. and Lindsey, G. (1996) theories of Personality N.Y.J. Wiley & Sons.
3. Pervin L.A. (1975): Psychology of personality readings in theory, Chigos. Rand Meznally College Lab.
4. Sinha J.N. (1969) : Indian Psychology, Calcutta.
5. Mukhopadhyay, Swami Niranjana and Saraswati Yoga Darshan Munger : Bihar School of Yoga.

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M. A. – III SEMESTER (PSYCHOLOGY)

(COMPULSORY)

PSYCHOLOGICAL ASSESSMENT – I

M.A. - 80

NOTE : This paper consists of five units. From each unit minimum two questions will be set and candidates will have to answer one question from each unit.

- UNIT- I** Nature of Psychological Assessment. Differences between Physical & psychological assessment. Problems in Psychological Assessment. Levels of Assessment.
- UNIT- II** Scaling: Unidimensional and Multidimensional. Scale construction techniques. Difference between tests, scales, questionnaire and schedule. Characteristics of a good psychometric test. Difference between psychometric and projective technique.
- UNIT- III** Construction of Psychometric tools: Steps in test Construction, item writing, pre try out, item difficulty level, discrimination power, Psychological test, types of Psychological test.
- UNIT – IV** Standardization process of psychometric tools and test: Reliability: Concept, type, methods of determining reliability, validity: Concept, type, methods to determine validity, factor affecting reliability and validity. Norms: Types, Uses and Method to determine various types of norms
- UNIT- V** (a) Adaptation of tests.
(b) Test taking Response Styles: Social desirability, Acquiescence and Faking.
(c) Psychological testing in Applied Field of Life: Diagnosis, Psychotherapy, Education, Occupations and Organizations.

BOOK RECOMMENDED:

1. Anastasi, A. (1988) Psychological Testing London: McMillan Publishing Co.
2. Crowback, L.J. Essentials of Psychological Testing.
3. Reeman F. Theory and Practice of Psychological Testing.
4. Gheselli Theory of Psychological Measurement New Delhi Tata McGraw Hill Publication.
5. Guilford, J.P. Psychometric Methods. New Delhi Tata McGraw Hill.
6. Nunally, J.C. Introduction to Psychological Measurement. Tokyo **PAPER – XII** McGrawHill.
7. Nunally, J.C. Psychometric Theory, New Delhi: Tata Mc.Graw Hill PublishingCo.

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M. A. – III SEMESTER (PSYCHOLOGY)

GROUP - A

PAPER – XIII (OPTIONAL)

ORGANIZATIONAL BEHAVIOUR – I

MM. - 80

NOTE: This paper consists of five units. From each unit minimum two questions will be set and candidates will have to answer one question from each unit.

- UNIT – I** Introduction: Organization Behaviour – Scope and Concepts.
- UNIT – II** Psychological Processes: Learning, Perceptions and Motivation – Definition, Theories and application.
- UNIT – III** Leadership and Supervision: Concept, Factors influencing leadership role, Essentials of Leadership, Leadership Styles, Supervision and Patterns of Supervision.
- UNIT – IV** Organizational Dynamics: Organizational Power & Politics, Organizational Conflict, Conflict Management, Union Management interface.
- UNIT – V** Decision Making: Concepts, Decision Making process, types of decisions, Factors influencing decision making, Management decision techniques.

BOOK RECOMMENDED:

1. Udai Pareek: Organizational learning R. Gibson (1997) Rethink the future London Nicholas Brealey Publishing.
2. Luthans Fred: Organizational Behaviour (1995) McGraw Hill international Edition.
3. Stephens P. Robbins: Organizational behaviour (9th edition) (2000) Prentice Hall India, New Delhi 110001.
4. Jerald Greenberg, Robert, Aaburn: Behaviour in organization (1999) Prentice Hall of India, New Delhi 110001.

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M. A. – III SEMESTER (PSYCHOLOGY)

GROUP - A

PAPER – XIV (OPTIONAL)

HUMAN RESOURCE DEVELOPMENT AND MANAGEMENT – I

M.M. - 80

NOTE: This paper consists of five units. From each unit minimum two questions will be set and candidates will have to answer one question from each unit.

- UNIT – I** Assumptions about HRM, Structure and Role of HRM. The Indian Context of HRM. Models of HRM. Current and future challenges to HRM.
- UNIT– II** Human Resource Planning: Steps and stages in man power planning. Structure of manpower planning. HRD in India.
- UNIT–III** Job analysis and job design. Recruitment and selection.
- UNIT– IV** Training and development: Nature of Training and development. Importance of Training and Development. How to make training effective.
- UNIT– V** Performance appraisal, Factors distorting appraisal and how to improve appraisals. Type of appraisal.

BOOK RECOMMENDED:

1. Human Resource Management. A contemporary perspective I. Board Well & Holden.
2. Personnel Human Resource Management. D.A. centre & S.P. Robbins.
3. Designing and Management. Human Resources Systems U. Pareek & T.V. Rao.
4. Human Resource Management. Fisher. Scheenfeldt and show.
5. Human Research and Personnel Management by Aswathappo. (2002) 3rd edition; Tata McGrawHill.

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M. A. – III SEMESTER (PSYCHOLOGY)

GROUP - B

PAPER – XIII (OPTIONAL)

EDUCATIONAL INSTRUCTIONAL PSYCHOLOGY – I

M.M. - 80

NOTE: This paper consists of five units. From each unit minimum two questions will be set and candidates will have to answer one question from each unit.

- UNIT – I** Conceptual and theoretical perspectives in Educational Psychology.
Theories: Behavioristic, Social learning and Piaget and their application in teaching.
- UNIT – II** Information processing Models, Instructional Models, Programmed learning: concept, Characteristics and models.
- UNIT – III** Human diversity and education. Learning styles: Nature, approaches to learning style, measurement of learning styles, attempt to modify learning styles.
- UNIT – IV** Individual and group differences in intelligence. Theories of intelligence, Gender differences issues in the classroom.
- UNIT- V** Learning: Motivation, Study Habit – Importance, Levels of Learning

BOOK RECOMMENDED:

1. De Secco, J.P. & Croford, W.R. : The Psychology of Learning and Instruction, New Delhi, PrenticeHall.
2. Ellis, R.S.: Educational Psychology, A Problem approaches affiliated, New Delhi, case WestPress.
3. Bruce & Marshvell : Models of Teaching (2nd Ed.) 1980.
4. Travers, J.F. : Educational Psychology (2nd Ed.) 1979.
5. Woolbtk, A.E. (1995), Educational Psychology (6th Ed.) Allya & Bacon, London/ Bostan.
6. Gage, N.L. & Berliner (1998). Education of Psychology (6th Ed.), HoughtMiffir, NewYark.

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The bottom of the page features several handwritten marks. On the left, the name 'Rachin' is written in blue ink. In the center, there is a large, stylized signature in blue ink. To the right of this signature, the name 'U. N. Luby' is written in blue ink. Below the signature, there are some additional scribbles and a small mark.

M. A. – III SEMESTER (PSYCHOLOGY)

GROUP - B

PAPER – XIV (OPTIONAL)

BASICS OF PSYCHOLOGICAL GUIDANCE AND COUNSELLING – I

M.M. - 80

NOTE: This paper consists of five units. From each unit minimum two questions will be set and candidates will have to answer one question from each unit.

UNIT – I Nature, Need and Functions of Guidance. Principles of Guidance.

UNIT – II Techniques of Appraising the client: Non-Standardized Methods- Anecdotal Record, Auto biography, Case study, Sociometric, Observation, Rating scale, Questionnaire.

UNIT – III Techniques of Appraising the Client:- Standardized Methods- Intelligence, Personality, Aptitude, Interest, Achievement.

UNIT – IV Organization of a guidance programme. Relevance of Guidance under 10+2-3 educational pattern.

UNIT – V Special areas of Guidance: Vocational Guidance, Educational Guidance, personal Guidance, Problems of Guidance in India.

BOOK RECOMMENDED:

1. Anastasi, Z., & Lewis, E.C. (1970): Counselling Psychology. New York, Holt Rinehart and Winster, Inc.
2. Harson, J.C. (1978): Counselling Processes and Procedures. New York, McMillan Publishing Co. Inc.
3. Narayan Rao, S. (1981): Counselling Psychology. New Delhi, Tata McGrawHill.
4. Kemp, C.G. (1970): Foundations of group counselling., New York, McGrawHill.
5. Steffler, B.(Ed.) 1965. Theories of counselling. New York, McGraw Hill BookCo.
6. Warters, J. (1964): Techniques of counselling, New York, McGraw Hill BookCo.
7. Rappaport, D. Gill, M.M. and Schafer, R. (1968): Diagnostic Psychological testing. (Revised edition, edited by Holt, R.R.) New York. International Universities Press.
8. Anastasi, Z. (1992): Psychological Testing (Seventh Ed.) New York, McMillan.

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M. A. – III SEMESTER (PSYCHOLOGY)

GROUP - C

PAPER – XIII (OPTIONAL)

CLINICAL DIAGNOSIS – I

M.M. - 80

NOTE: This paper consists of five units. From each unit minimum two questions will be set and candidates will have to answer one question from each unit.

- UNIT- I** History and current trends: Current trends, Growth of the branch, Growth in numbers, differentiation. Professionals spiral of growth, Growth in India.
- UNIT- II** Approach of clinical psychology: Psychodynamic, Behaviouristic, Humanistic, cognitive and socio-cultural.
- UNIT-III** Clinical diagnosis: Symptomatic vs. dynamic. Symptomatic diagnosis: ICD-11, DSM-V.
- UNIT- IV** Dynamic diagnosis: Observation, Case history, and Interview.
- UNIT- V** Impressionistic approach of diagnosis: Informal assessment, source of errors in impression formation, Importance of Psychometric approach.

BOOK RECOMMENDED:

1. Iscope, I.; Block B.L. and Spielberger, C.D. (eds) Community psychology: Perspectives in training and research. NY: Appleton, 1977.
2. Mann. A.P.; Community Psychology: Concepts and applications. Free Press, 1978.
3. Rapaport, J. Community Psychology: Values, Research and action. NY: Holt Rinehart. 1977.
4. Korchin, S. Modern Clinical Psychology. Harper and Row, 1978.
5. Wolman, B.B. (ed) Handbook of Clinical Psychology, McGrawHills, 197

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M. A. – III SEMESTER (PSYCHOLOGY)

GROUP - C

PAPER – XIV (OPTIONAL)

PSYCHOTHERAPEUTIC COUNSELLING – I

M.M. - 80

NOTE: This paper consists of five units. From each unit minimum two questions will be set and candidates will have to answer one question from each unit.

UNIT – I Psychotherapeutic Counselling: Psychoanalytic Technique, Behavioural Technique, Client centered technique, Community interventions and Group therapeutic techniques.

UNIT – II Methods for Altering Maladaptive Behavioural deficits: Shyness, delinquency, depression, speech and sexual dysfunctions.

UNIT – III Methods for altering maladaptive behavioural excesses: Excessive smoking, alcoholism, drug addiction and temper-out burst, physical aggression.

UNIT – IV Methods of altering inappropriate behaviour: Marital maladjustment, child-misbehaviour, homosexuality and exhibitionism.

UNIT – V Methods for altering fears and anxiety and treating psychophysiological disorders: test-anxiety, generalized anxiety, stress, school phobia, snake phobia, combination of fears, coronary heart disease (CHD), asthma and peptic ulcer.

BOOK RECOMMENDED:

1. Carson & Butcher: Abnormal Psychology and modern life.
2. Wolpe, R. & Dryden, W. (eds) (1996) : Handbook of counselling psychology, New Delhi
3. Woolberg, L.R. (1998) : The Techniques of Psychotherapy, Barbour Brace : Groune andstration.
4. Toukimarian, S.G. & Rennie D.C. (1992): Psychotherapy Process and Research. Sage
5. Gelso, C.J. and Fretz, B.R. (1995): Counselling Psychology, Bangalore, Prism Books Ltd.
6. Abate, L. & Milan, M.A. (ed.) (1985) : Handbook of social skill training & Research, New York: John Wiley & Sons.
7. Gorey, G (1986) Theory and Practices of Counselling and Psychotherapy, Monterey California, books coleypublishing.
8. Adelson, D. & Kalis, B.L. (1970) : Community Psychology and Mental Health. Perspectives Seanto.
9. Mann, A.P. (1978): Community Psychology : Concepts and applications, Free Press.
10. Iscoe, I. Block, B.L. & Spielberger, C.D. (eds.) (1977): Community Psychology : Perspectives in training and research N.Y. : Appleton.

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M. A. – III SEMESTER (PSYCHOLOGY)

PAPER – XV (OPTIONAL)

PRACTICALS (COMPULSORY)

M.M. - 100

LAB PRACTICALS:-

NOTE: Any five of the following to be completed in the Laboratory training.

1. Knowledge of results.
2. Effect of social support on conformity.
3. Attribution of achievement outcomes.
4. Zeigarnik effect.
5. Level of aspiration as a function of success or failure.
6. Reminiscence in motor learning.
7. Short Term Memory.
8. Effect of group on individual judgement.

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M. A. – IV SEMESTER (PSYCHOLOGY)

The curriculum frame – work is as under.

COMPULSORY PAPERS (Two)

No. of Paper	Name of Paper	Marks		Hours
		Theory	Internal Assessment	
(XVI)	Life Span development	80	20	3 hours
(XVII)	Psychological Assessment - II	80	20	3 hours
	Optional Papers : Two papers from any one of the three groups			
	Group A : Psychology of Management			
(XVIII)	Organizational Behaviour - II	80	20	3 hours
(XIX)	Human Resource Development and Management -II	80	20	3 hours
	Group B : Psychology of Education			
(XVIII)	Educational and Instructional Psychology - II	80	20	3 hours
(XIX)	Basics of Psychological Guidance and Counselling -II	80	20	3 hours
	Group C : Clinical Psychology			
(XVIII)	Clinical Diagnosis and community Mental Health - II	80	20	3 hours
(XIX)	Psychotherapeutic Counselling - II	80	20	3 hours
(XX)	Field Exploration and Project Work (Internship Programme)	100		4 hours

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PAPER - XVI (COMPULSORY)

LIFE SPAN DEVELOPMENT

M.M. - 80

NOTE: This paper consists of five units. From each unit minimum two questions will be set and candidates will have to answer one question from each unit.

- Unit-I** Introduction: Development: Nature, Stages and principles of developmental Psychology, Maturation vs Experience; Nature Nurture debate
- Unit-II** Theories of Human development: Psychodynamic, Psychosocial, Behaviorism and social learning theories, Cognitive development and Socio-Cultural Theory of development.
- Unit-III** Research methodology in Development Psychology and Measurement Techniques, Research design, Ethical issues in Research on child development.
- Unit-IV** The Biological foundation of development, Development of language and communication, Emotional, Social personality and Moral development.
- Unit-V** Adulthood, Middle and Old age : Characteristics, Psychological changes and adjustment.

Books Recommended:

1. Thomas keenan and subhadra Evans *sage foundations of Psychology* 2009: An introduction to Child Development, 11nd Ed.
2. Baltes, P.B. & Brim O.G. (1978) : *Life span development Behaviour*. N.Y. Academic Press.
3. Thomas, M.R. (2000) : *Recent theories of Human Development*, thousand Oaks: sage Publication.
4. Zanden, J.W. & Vander (1997) : *Human Development* (7th Ed.) New York : McGraw Hill.
5. Elizabeth B. Hurlock (1977) : *Development Psychology, A life span approach*, (5th Ed.)
6. Jere, E. Brothy & Sherry I, Willis (1981) *Human Development and Behaviour*, St. Martins Press. NY.

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PAPER – XVII (COMPULSORY)

PSYCHOLOGICAL ASSESSMENT - II

M.M.- 80

NOTE: This paper consists of five units. From each unit minimum two questions will be set and candidates will have to be answer one question from each unit.

UNIT – I Concept and Measurement of Intelligence. Major Tests of Intelligence developed under Western and Indian Cultural set up.

UNIT – II Concept and Measurement of Aptitude. Major Tests of Aptitude developed under Western and Indian Cultural set up. Achievement; concept and measurement of Achievement Test; Major Tests of Achievement developed under Indian Cultural set up.

UNIT – III Test of Personality: Projective and Psychometric Approaches. Major Test of Personality, developed under Western and Indian Cultural set up.

UNIT – IV Test of Adjustment, Values, Interest, Stress and Anxiety development under Indian condition.

UNIT – V Psychological Testing in Applied Field: Neuro-Psychological Testing : Objectives and Major Neuropsychological Test.
Emotional Intelligence: Concept and Major Test of emotional Intelligence developed under western and Indian cultural set up.

BOOK RECOMMENDED:

1. *Psychological Studies – 2004, Vol.-49.*
2. *Daniel/Golman: Emotional Intelligence (1995) New York: BantamBooks.*

BASIC BOOK:

1. *Anastasi, A. (1988) Psychological Testing London: McMillan PublishingCo.*
2. *Crowback. L.J. Essentials of Psychological Testing.*
3. *Freeman F. Theory and Practice of Psychological Testing.*
4. *Gheselli Theory of Psychological Measurement New Delhi Tata HeGraw Hill Publication.*
5. *Guilford, J.P. Psychometric Methods. New Delhi Tata McGrawHill.*
6. *Nunnally, J.C. Introduction to Psychological Measurement, Tokyo: McGrawHill*
7. *Nunnally, J.C. Psychometric Theory, New Delhi: Tata Mc.Graw Hill PublishingCo.*

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GROUP - A
PAPER – XVIII (OPTIONAL)
ORGANIZATIONAL BEHAVIOUR – II

M.M. - 80

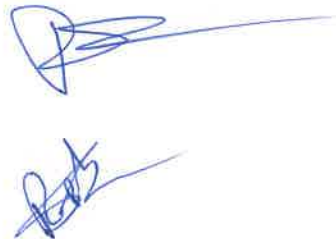
NOTE: This paper consists of five units. From each unit minimum two questions will be set and candidates will have to answer one question from each unit.

- UNIT- I** **GROUPS:** Types of Groups, Processes, Group Culture and Social Influence, Team Building.
- UNIT- II** **COMMUNICATION:** Nature, Types, Application of different types of Communication, Role of Transactional Analysis (TA) in Communication.
- UNIT-III** **ORGANIZATIONAL CHANGE:** Types of Change, Sources of Change, Process, Human element in change.
- UNIT- IV** **ORGANIZATIONAL DEVELOPMENT:** Concepts, objectives and goals, Process, Behavioural Science approach to organizational development.
- UNIT- V** **MARKETING:** Marketing Research, Nature and function, Consumer Behavior, Sales Promotion Strategies.

BOOK RECOMMENDED:

1. *Udai Pareek: Organizational learning R. Gibson (1997) Rethink the future London Nicholas Brealey Publishing.*
2. *Luthans Fred: Organizational Behaviour (1995) McGraw Hill international Edition.*
3. *Stephens P. Robbins: Organizational behaviour (9th edition) (2000) Prentice Hall India, New Delhi 110001*
4. *Jerald Greenberg, Robert A. Baron: Behaviour in organization (1999) Prentice Hall of India. New Delhi 110001.*

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GROUP - A
PAPER – XIX (OPTIONAL)

HUMAN RESOURCE DEVELOPMENT AND MANAGEMENT – II

M.M. - 80

NOTE: This paper consists of five units. From each unit minimum two questions will be set and candidates will have to answer one question from each unit.

- UNIT- I** Job Evaluation, Wage and Salary Administration, Employment incentives.
- UNIT- II** Human Resource policies and practices, changing trends in work environment, developing the human resource.
- UNIT-III** Maintaining Human Resource: Safety and Health Stress Management, Labour Relations.
- UNIT- IV** Collective Bargaining, Employee Involvement, Employee Communication.
- UNIT- V** Employee Counselling, Challenges of Human Resource Management.

BOOK RECOMMENDED:

1. *Human Resource Management. A contemporary perspective I. Board Well & Holden.*
2. *Personnel Human Resource Management. D.A. centre & S.P. Robbins.*
3. *Designing and Management. Human Resources Systems U. Pareek & T.V. Rao.*
4. *Human Resource Management. Fisher. Scheenfeldt and show.*
5. *Human Research and Personnel Management by Aswathappa. (2002) 3rd edition; Tata McGrawHill*

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GROUP - B

PAPER – XVIII (OPTIONAL)

EDUCATIONAL INSTRUCTIONAL PSYCHOLOGY – II

M.M. - 80

NOTE: This paper consists of five units. From each unit minimum two questions will be set and candidates will have to answer one question from each unit.

UNIT – I Effective Teaching and Classroom Management. Planning and setting objectives for Teaching. Characteristics of effective teachers.

UNIT – II Teaching methods: instruction, lecturing and explaining, questioning, Student centered teaching, Class room Management and teaching in small groups: The discussion method and cooperative learning, computer-assisted instruction.

UNIT – III Exceptionality and social education: Categories of exceptionality, labeling and educational relevance Physically disabled students, students with cognitive disabilities, brain dysfunction and communication disorders.

UNIT – IV Students with emotional and behavior disorder. Attention deficit disorder (ADD), Attentional Deficit Hyperactive Disorder (ADHD), Gifted and talented students, Intervention and special education for various forms of exceptionality, mainstreaming.

UNIT – V Educational Assessment, Measurement and evaluation (Norm reference and criteria referenced tests), Test scores- meaning and types, standardized test: Meaning Types and interpretation, Classroom assessment and grading: Techniques of Class room evaluation. Observation, Questionnaire.

BOOK RECOMMENDED:

1. De Secco, J.P. & Croford, W.R. : *The Psychology of Learning and Instruction*, New Delhi. PrenticeHall.
2. Ellis, R.S.: *Educational Psychology, A Problem approaches affiliated*, New Delhi, ease WestPress.
3. Bruce & Marshvell : *Models of Teaching* (2nd Ed.) 1980.
4. Travers, J.F. : *Educational Psychology* (2nd Ed.) 1979.
5. Woolbk, A.E. (1995), *Educational Psychology* (6th Ed.) Allyn & Bacon, London/ Boston.
6. Gage, N.L. & Berliner (1998). *Education of Psychology* (6th Ed.), Houghton Mifflin, New York.
7. *Annual Review* (2006) Vol 57, P487-
8. Sharma R. A. (2007). *Advance Educational Technology*, Revised Edition International Publishing House P 25-42, 43-65, 66-668
9. Mohan, A.J. (2003) *Educational Psychology*, Neel Kamal Publications.

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GROUP - B

PAPER – XIX (OPTIONAL)

BASICS OF PSYCHOLOGICAL GUIDANCE AND COUNSELLING – II

M.M. - 80

NOTE: This paper consists of five units. From each unit minimum two questions will be set and candidates will have to answer one question from each unit.

UNIT – I Nature, Need and Functions of Counselling. Counselling and Psychotherapy. Intervention. Goal and objectives of Counselling.

UNIT – II Techniques of Appraising the client: Standardized Techniques. Intelligence. Personality, Aptitude and Interest Interview.

UNIT – III Approaches of Counseling: Directive, Non-directive, Eclectic. Individual and group counseling. Evaluation of counseling. Follow up and placement services.

UNIT – IV Characteristics of a good Counsellor. Counsellor's Training, Issues and trends in guidance and counselling. Ethical standards.

UNIT – V Special areas of Guidance and Counselling: Marital, Family, Counselling for the pre-school and elementary school children, adolescent.

BOOK RECOMMENDED:

1. Anastasi, Z., & Lewis, E.C. (1970): *Counselling Psychology*, New York, Holt Rinehart and Winster, Inc.
2. Harson, J.C. (1978): *Counselling Processes and Procedures*, New York, McMillan Publishing Co. Inc.
3. Narayan Rao, S. (1981): *Counselling Psychology*, New Delhi, Tata McGrawHill.
4. Kemp, C.G. (1970): *Foundations of group counselling*, New York, McGrawHill.
5. Lewis, E.C. (1970): *Counselling Psychology*, New York, Holt Rinehart and Winster, Inc.
6. Steffler, B. (Ed.) 1965. *Theories of counselling*, New York, McGraw Hill Book Co.
7. Warters, J. (1964): *Techniques of counselling*, New York, McGraw Hill Book Co.
8. Rappaport, D., Gill, M.M. and Schafer, R. (1968) *Diagnostic Psychological testing*. (Revised edition, edited by Holt, R.R.) New York, International Universities Press.

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GROUP - C

PAPER – XVIII (OPTIONAL)

CLINICAL DIAGNOSIS AND COMMUNITY MENTAL HEALTH – II

M.M. - 80

NOTE: This paper consists of five units. From each unit minimum two questions will be set and candidates will have to answer one question from each unit.

- UNIT-I** Clinical assessment: Basic principles. Psychometric tests: MMPI, WAIS & WISC.
- UNIT-II** Projective tests: Characteristics and clinical use, Rorschach & TAT.
- UNIT-III** Neuro Psychological Examination: Approaches; Halstead Neuropsychological test battery. Luria Nabraska Battery, use of Bender Gestalt & Weschler scale in neuro psychological testing.
- UNIT-IV** Community Psychology: History and Perspectives of Community Psychology.
- UNIT-V** Community Psychology: Social Interventions: Methods and Strategies.

BOOK RECOMMENDED:

1. Iscope, I.; Block B.L. and Spielberger, C.D. (eds) *Community psychology: Perspectives in training and research*. NY: Appleton, 1977.
2. Mann. A.P.; *Community Psychology: Concepts and applications*. Free Press, 1978.
3. Rapaport, J. *Community Psychology: Values, Research and action*. NY : Holt Rinehart. 1977.
4. Korchin, S. *Modern Clinical Psychology*. Harper and Row, 1978.
5. Wolman, B.B. (ed) *Handbook of Clinical Psychology*, McGraw Hills, 1972.

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GROUP - C
PAPER - XIX (OPTIONAL)
PSYCHOTHERAPEUTIC COUNSELLING - II

M.M. - 80

NOTE: This paper consists of five units. From each unit minimum two questions will be set and candidates will have to answer one question from each unit.

- UNIT - I** Methods for preventing problems and developing resourcefulness: Training family members, sibling as behavior change agents, Maintenance of parent training, Development of academic skills - Teaching study skills to adults, improving study behavior through self-control technique.
- UNIT - II** Assertiveness Training, Developing Assertive Behaviour through Converts modeling, Personal Appearance, Improving client's grooming.
- UNIT - III** Methods for Promoting Wise Decision-Making: With Children, Career Decision Making, Evaluation of Problem Solving Competence.
- UNIT - IV** Social Interaction: Conversational Skills, Weight Control: Psychological techniques, improving Physical Fitness, Cardio Vascular Problems: Psychological prevention.
- UNIT - V** Drug Abuse: Drug abuse perception Reinforcement for alternatives Peer Counselling, Peer Guidance program and behavioural interventions, Counsellor Accountability System.

BOOK RECOMMENDED:

1. Carson & Butcher : *Abnormal Psychology and modern life.*
2. Wolpe, R. & Dryden, W. (eds) (1996) : *Handbook of counselling psychology*, New Delhi
3. Woolberg, L.R. (1998) : *The Techniques of Psychotherapy*, Barcour Brace : Groune and stration.
4. Toukmarian, S.G. & Rennie D.C. (1992): *Psychotherapy Process and Research*, Sage
5. Gelso, C.J. and Fretz, B.R. (1995): *Counselling Psychology*, Bangalore, Prism Books Ltd.
6. Abate, L. & Milan, M.A. (ed.) (1985) : *Handbook of social skill training & Research*, New York: John Wiley & Sons.
7. Gorey, G (1986) *Theory and Practices of Counselling and Psychotherapy*, Monterey California, books coleypublishing.
8. Adelson, D. & Kalis, B.L. (1970) : *Community Psychology and Mental Health. Perspectives* Scanto.
9. Mann, A.P. (1978): *Community Psychology : Concepts and applications*, Free Press.
10. Iscoe, I. Block, B.L. & Spielberger, C.D. (eds.) (1977): *Community Psychology : Perspectives in training and research* N.Y. : Appleton.

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PAPER – XX
FIELD EXPLORATION AND
PROJECT WORK
(INTERNSHIP PROGRAMME)
(COMPULSORY)

M.M. - 100

A. INTERNSHIP PROGRAMME: 70 MARKS.

The Internship Programme consists of two phases, about 30 days each. The students would be attached to the institute/organization for a period of about two months. During this period they have to explore and identify the problem for investigation, and prepare Study- report (case) under the guidance of the Supervisor (faculty member). This report would carry 70 marks and would be evaluated by both internal and external examiner, each examiner awarding marks out of 35, as per university rules.

B. INTERNSHIP EVALUATION: 30 MARKS.

- (a) Presentation of the report in the departmental Seminar – 20 Marks.
- (b) Attendance for the programme certified by the supervisor – 10 Marks

U. Mohan

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Radha

